



Trust yourself and your body to skilled hands,
because expertise and knowledge make all the difference

SPECIAL MASSAGES

HOT STONES MASSAGE

Discover the Power of Hot Stone Massage! This unique experience combines the soothing warmth of basalt stones with relaxing massage techniques to relieve tension and melt away stress. The hot stones are placed on strategic points of the body to improve circulation and gently release muscle tightness, bringing a deep sense of well-being. Thanks to the heat and the gentle exfoliating action of the stones, the skin is deeply cleansed, and the body's natural detoxification process is stimulated. Treat yourself to a moment of pure relaxation and let yourself be embraced by this gentle harmony.

Duration 60 minutes. Euros 90,00

CANDLE MASSAGE

An incredibly relaxing, tension-relieving, and deeply engaging massage performed by melting a special massage candle directly onto the body, offering a truly profound multisensory experience. The warm wax softens the massage movements, easing tension and relieving pain while promoting deep relaxation. At the same time, the gentle fragrances released by the candle—such as argan oil and vanilla—wrap both body and soul in a state of pure well-being, awakening all the senses.

Duration 60 minutes. Euros 85,00

AYURVEDA - ABHYANGA

Inspired by ancient Ayurvedic tradition, this wonderful massage uses warm oils to restore harmony between mind and body, focusing on stimulating the body's vital energy centers. A full-body treatment from head to toe that releases life energy and helps melt away the symptoms of stress.

Duration 50 minutes. Euros 85,00



MASSAGES

TARGETED BACK OR LEG MASSAGE

A focused treatment designed to relieve muscle tension, stiffness, and fatigue in specific areas of the body such as the back or legs.

Through deep, relaxing, and decontracting techniques, this massage promotes muscle relaxation, improves blood circulation, and provides an immediate feeling of lightness and overall well-being.

Each session is tailored to individual needs, helping to restore physical balance, comfort, and body harmony.

Duration 25 minutes. Euros 40,00

DEEP TISSUE

Ideal for relieving muscle tension, reducing pain caused by it, and speeding up recovery.

It begins with slow, friction-based strokes designed to gently warm up the targeted muscles, then evolves into deeper, more decisive techniques that work to reach and dissolve built-up tension — leading to a profound and enveloping sense of well-being.

Duration 50 minutes. Euros 90,00

DRAINAGE

Originating in Brazil, this massage is the result of a refined combination of various protocols.

It is based on firm pressure and a fast-paced rhythm, combined with pumping techniques and exclusive maneuvers that deliver immediate results.

This technique helps reduce fluid retention (edema), stimulates blood circulation, and enhances the function of the body's complex network of vessels responsible for moving fluids. It effectively targets and reduces cellulite.

The result is a lighter, more sculpted body and a deeply enveloping sense of total well-being.

Duration 50 minutes. Euros 80,00

ANTI-CELLULITE SCULPTING

A massage that uses specific manual techniques on targeted areas to restore healthy blood and lymphatic circulation.

It reduces fluid retention and reactivates the tissues by increasing the supply of oxygen and nutrients.

This process breaks down cellulite build-ups and promotes proper circulation.

The result is a delightful sensation of lightness and an overall feeling of deep well-being throughout the body.

Duration 50 minutes. Euros 80,00



FOOT REFLEXOLOGY

This wonderful massage technique is based on the stimulation of reflex zones on the sole of the foot, with the aim of restoring energy, stimulating and rebalancing metabolism, improving blood circulation, strengthening the immune system, and releasing tensions that reflect deeper discomfort.

It has been practiced since 4000 BC in countries such as China, Egypt, and India. Scientific research has supported its effectiveness to the extent that it is now also used alongside conventional medicine. An example is the Policlinico Gemelli in Rome.

Duration 25 minutes. Euros 40,00

RELAX MASSAGE

Developed by blending ancient techniques from various cultures, this massage uses deep, flowing stretches to promote harmony between body and mind. It helps relieve muscle pain, relaxes the entire body, and offers an immediate sensation of well-being and lightness.

Available also as a couple's experience, this massage is always customized, with unique touches to make it perfect for each individual.

Single, duration 50 minutes. Euros 80,00

Couple, duration 50 minutes. Euros 160,00



The sea is an immense source of energy and well-being for all of us; in its presence, both mind and body naturally return to balance.

In honor of the land that welcomes us, we have chosen the "Fabbrimarine" line especially for you.

TREATMENTS

STRESS DETOX

Detox from stress and reconnect with yourself

When your body asks for a moment of respite, abandon yourself to the relaxing benefits of water and the soft manual skills of our operators. Treat yourself to a ritual to live an exclusive experience of relaxation far from any source of stress.

The treatment involves:

- ✓ Relaxing hydromassage – 30 minutes;
- ✓ Ayurveda with gently scented warm oils to restore and maintain perfect balance, while regaining energy and strength.

Duration 90 minutes. Euros 85,00

SPA HAND RITUAL

Manicure and massage to care for your hands

A pleasant and effective hand care ritual, starting with a gentle cleansing and ending with deep hydration.

The treatment involves:

- ✓ Classic Manicure;
- ✓ Exfoliating scrub to remove dead skin cells and stimulate cellular renewal;
- ✓ Massage with a moisturizing and elasticizing cream for soft and silky hands.

Duration 45 minutes. Euros 40,00

FACIAL RENEWAL

The perfection of the sea for the beauty and wellness of your face

A treatment that uses marine active ingredients to support the skin and combat the signs of aging. Hyaluronic acid and marine-derived collagen provide a plumping and toning effect, complemented by the energizing action of plankton.

The treatment involves:

- ✓ Cleansing and exfoliation with GEL ORO-FABBRIMARINE;
- ✓ Facial toning followed by a draining and lifting massage;
- ✓ Deep nourishment with facial mask and eye contour serum.

Duration 50 minutes. Euros 60,00



TREATMENTS

LIGHT LEGS

Hot-Cold and Sea Power

The alternation of hot and cold temperatures acts as an important vascular workout, stimulating blood microcirculation. Combined with a draining massage, it promotes oxygenation and the elimination of excess fluids, leaving the legs feeling light and revitalized.

The treatment involves:

- ✓ Kneipp Therapy
- ✓ Preparation with ELISIR-FABBRIMARINE, essential oil with rosemary, citrus, and jojoba;
- ✓ Targeted leg massage with lymphatic drainage using ACQUA-FABBRIMARINE gel;
- ✓ Mineralization with osmotized ACTIVE MARINE WATER.

Duration 50 minutes. Euros 60,00

ANTI-CELLULITE

The Sea essence

The properties of the sea combined with the power of water to combat the main skin imperfections.

The treatment involves:

- ✓ Hydromassage 15 minutes;
- ✓ Preparation with osmotized ACTIVE MARINE WATER;
- ✓ Exfoliation with ORO-FABBRIMARINE GEL to remove impurities;
- ✓ Application of ELISIR IPER essential oil with warming and lipolytic effects, featuring cinnamon and jojoba, for targeted action on fat deposits;
- ✓ Anti-cellulite massage with MARE-FABBRIMARINE GEL;
- ✓ Hydration with EMULSIONE-IDRA CORPO-FABBRIMARINE.

Duration 80 minutes. Euros 95,00

SKIN WELLNESS

Shine thanks to the benefits of the sea

Prepare your body for soft and radiant skin. We have chosen the FABBRIMARINE cosmetic line for you, which uses unique and effective marine ingredients that are remarkably compatible with your skin—ideal even for sensitive skin.

The treatment involves:

- ✓ Preparation with osmotized ACTIVE MARINE WATER;
- ✓ Body and facial scrub with SARTOR-GEL ORO;
- ✓ Massage with essential oils for deep hydration.

Duration 60 minutes. Euros 70,00